



St. Augustine's "Helping Hands Food Pantry"  
116 Sixth Avenue, Brooklyn, New York 11217  
[helpinghandsfp@gmail.com](mailto:helpinghandsfp@gmail.com)

***If you need food and live in zip code area 11215, 11217, or 11238, St. Augustine Helping Hands Food Pantry can help. The food pantry is open every Saturday from 10am to noon. More information below.***

### **ABOUT THE HELPING HANDS FOOD PANTRY**

- \* The Helping Hands Food Pantry, which began distributing food in 1992, is located in the basement of St. Augustine Rectory at 116 6th Avenue in Park Slope, Brooklyn and is open every Saturday from 10 am until noon.
- \* The pantry's primary objective is to provide **nutritious and balanced food** to those in need on a **monthly** emergency basis.
- \* It is an **all-volunteer** organization that serves clients who live in the local area defined by the 11215, 11217, and 11238 zip codes.
- \* Each registered household may receive an emergency food bag once every four weeks. In 2019 the Helping Hands Food Pantry provided monthly food to approximately **550 people**; 22% were senior citizens and 19% were children.
- \* The bags of food provided contain **enough food for 3 meals per person per day for three days**.
- \* **Food bags include:** cereal, rice, pasta, milk in cartons, canned juice, canned fruit, canned vegetables, canned tomato sauce, soup, canned or dried beans, canned chicken and fish. There is a supplement of fresh vegetables and fruits that are seasonally available. Food is provided for every person in the household.
- \* **Funding is through private donations** and government grants. We organize an annual fundraiser called the 5K Fun Run/Walk/Bike in Prospect Park the Saturday before Thanksgiving which has become a major source of private funding; this year the event will be held on **Saturday, November 21, 2020**. Private donations throughout the year are also an important source of funds to purchase food. We must continue to generate funds to sustain our services.

## **HOW TO REGISTER FOR FOOD:**

***You are welcome to come register at St. Monica Hall on Saturday between 10am and noon, located on Sterling Place between 6<sup>th</sup> and 5<sup>th</sup> Avenues under St Augustine Church. Look for the sign.***

## **WHAT YOU NEED TO BRING WHEN YOU COME FOR THE FIRST TIME:**

**Everyone Must Register in Person** and provide the following documentation:

- Head of Household needs to bring a photo ID, such as one of these:
  - Driver's license, NYS Benefit card, NYC/NYS ID card, or Employee ID
- Head of Household needs to bring proof of residence
  - NYS ID, NYS Driver's license, utility or phone bill
- Each Member of Household needs to have an ID, such as one of these:
  - Birth certificate, NYS Benefit card, or school ID for children
- Todo el mundo debe registrarse en persona** y proveer la siguiente documentación
  - El cabeza de Familia DEBE de tener una foto de identificación como
    - Licencia de Manejar, ID de trabajo o tarjeta de Beneficios de NYS
  - El cabeza de Familia DEBE mostrar prueba de residencia como
    - Recibos de la luz, teléfono o licencia de manejar de NYS
  - Cada miembro de cabeza de Familia DEBE tener una identificación como
    - Certificado de nacimiento, tarjeta de beneficios de NYS, o identificación de la escuela del niño

***If you have any questions, email [helpinghandsfp@gmail.com](mailto:helpinghandsfp@gmail.com) or call 347-637-0304***